

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Aldeen Van der walt

Has successfully participated & completed the

10km Four Seasons @ the Cowhouse - Spring 2019

held at Cowhouse Market.

**TIME** 01:05:45

**PACE** 06:33/km

**OVERALL** 15 of 32

**GENDER** 5 of 13

**40 - 49** 2 of 5

26 October 2019, Sat

Date



BoutTime

Signature